

# Embodied Eros

## An Experiential Process Group

"The Sexual is the ultimate Spiritual Master. It is the seat of all wisdom, aliveness and ethics. It models what it means to live an erotically infused life charged with purpose and meaning. The goal is to live erotically, not only in the sexual but in every dimension of life." -Marc Gafni

Presented by INTEGRAL EVOLUTIONARY TANTRA 

Led by Dr. Kristina Kincaid and Cynthia Kagoshima CCEP

### THE RADICAL PATH OF THE OUTRAGEOUS LOVER

Most of us assume that Eros is merely a synonym for sex. It is not. The fact that we often confuse Eros with sex informs us of how distant we are from true erotic engagement. Erotic fulfillment is reached when we expand the realm of Eros beyond the sexual to embrace all of our existence. Indeed the root of the Sanskrit word tantra-tan- means "expansion". True tantric energy expands into all realms of life.

Embodied Eros offers a unique path and practice that opens up and offers insights into how to live ecstatically by awakening our sensual self and sharing this sacred presence with others moment to moment, To be a great Lover- an Outrageous Lover in all facets of our being-we must listen deeply to the simple yet elegant whispering of the sexual.

In this experiential process group join us in mind-bending experiences, Core Energetic techniques, ecstatic study, wild goodness, deep truth, radical personal transformation — and, if you dare, the evolution of your own enlightenment.

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Begins October 1st 2014 7-9 PM Bi-Monthly Wednesday Evenings \$50.00 per session  
150 East 23rd Street 12th Floor New York, NY 10010 This is a committed group with limited space.  
To reserve a space please rsvp to [ckagoshima@gmail.com](mailto:ckagoshima@gmail.com) or [Kristinakincaid@aol.com](mailto:Kristinakincaid@aol.com)  
or phone: 917-734-2197 For more about IET go to [www.integralevolutionarytantra.com](http://www.integralevolutionarytantra.com)

**Dr. Krsitina Kincaid** Kristina is on faculty at The Institute of Core Energetics and the Co-Director of Integral Evolutionary Tantra. She holds an M.A. in Energy Medicine and a Doctorate in Theology from Holos University. A graduate of the Institute of Core Energetics and the Barbara Brennan School of Healing, she also holds a B.A. in Anthropology from the University of Texas, Austin. Her passions include the deep mysteries of the body, genetics, and evolution. Her journey has taken her into deep explorations of the feminine and healing around sexuality. She has a healing practice in New York City.

**Cynthia Kagoshima CCEP** Cynthia is a Certified Core Energetics Practitioner and runs a private practice and groups in New York City. She is also on the faculty of the Institute of Core Energetics and the Nyack Living Core Program. She specializes in how to embrace the body and the implicit wisdom and healing it has to impart. Cynthia also holds a Bachelors of Science from the University of Madison-WI. She offers her clients a variety of support mechanisms to encourage their growth and success in creating lasting shifts in their lives through customized programs and events.