

TAKE A RISK SEX

Take A Risk SEX is an experiential event where you take a risk to share and explore an aspect of your sexuality.

When we experience ourselves as sexual beings, open to our full flow, pulsing with life energy through our body, we become more creative and feel more deeply connected to ourselves and to others. In this dynamic, interactive evening combining individual work with group process, you will learn techniques to liberate this energy and access more pleasure in your life. These techniques will be demonstrated through individual body readings with select participants who choose to take the risk of revealing a sexual issue and are willing to work through it in a supportive environment with expert guidance.

Dr. Kincaid uses the teachings of Dr. Marc Gafni, Integral Evolutionary Tantra and the principles of Core Energetics to open up physical blocks and places where life energy doesn't move. In Integral Evolutionary Tantric teachings and in Core Energetics -- a powerful body-based process -- sexual energy and life force energy are one and the same. Join us with body readings, deep truth, wild goodness, radical personal transformation and, if you dare, the evolution of your own personal enlightenment.

Saturday July 11th, 2015, 7:00~9:00 PM
150 West 28th Street Suite 1803 New York, NY 10001

Admission: \$20

Led by Kristina Kincaid in conjunction with
The Institute of Integral Evolutionary Tantra
Assisted by Urszula Pietrzykowska

RSVP or questions: Ula email: rosenthin@yahoo.com cell: (917)-325-5237



Dr. Kincaid is the Director of The Institute of Integral Evolutionary Tantra, New York City. Kristina is on faculty at The Institute of Core Energetics and holds an M.A. in Energy Medicine and a Doctorate in Theology from Holos University. She is also a graduate of the Institute of Core Energetics and Barbara Brennan School of Healing. Her journey has taken her into deep explorations and healing around sexuality. She has a healing practice in NYC.