

An Exploration of Fantasies, Sex and Love with Dr. Kristina Kincaid

Scuba Divers do an in depth exploration, Rock Climbers do it against the wall, Rockstars do it loud and Politicians do it to everyone. What exactly is this thing we do called sex and why are so obsessed with it? What makes it so pleasurable, titillating, frightening and shameful? Most of us think the other is satisfied, while we feel frustrated in our own desire and longing.

The primary processes of sexuality are energetic patterns created in our childhood, which are then mediated through the body. Most of us are not even aware of these energetic habits, such as the difference between being separate or merged or even our own preferences and those of our partners. Unencumbered from such habits, sex can become fresh, alive and open, an art form, a physical prayer, naked, unafraid and raw. Beyond self union, lies a greater union, a total orgasm with the whole, with Source itself.

This day long journey will be an exploration of how we can gain a conscious choosing over what and how our sexual energy moves in you. From pleasure to sharing, to heightening the spiritual embodiment of your sexuality, we will be in conscious exploration and discovery of these energies in you and how they affect your relationships. The Awakened Sexuality Project is for participants who are longing for a deep spiritual journey and a strong willingness to venture and play where angels fear to tread. We will be working in the deep unconscious, uncovering where we turn away from some of our greatest gifts by delving into what has been deemed unspeakableand taboo. Through exploration of sexual fantasies, sexual constellation work, untamed passions, conscious play, body work, breath work, movement, intimacy, connection and respectful service to each other, we can come home to ourselves through a deep honoring of our gorgeous, unique and individual ways of loving.

** SUN. AUGUST 30, 2015 10:00AM ~ 5:00PM ** 150 W 28TH STREET #1803 NYC **
Early Bird Discount \$150.00 before August 23rd, 2015 or after \$175.00

RSVP email Tara at rosenthin@yahoo.com or Questions? Call Kristina at 917-734-2197



Dr. Kincaid is the Co-Founder and Director of the Institute of Integral Evolutionary Tantra alongside Founder and Teacher-in-Residence, Dr. Marc Gafni. Kristina is on the faculty of The Institute of Core Energetics and holds an M.A. in Energy Medicine and a Doctorate in Theology from Holos University. She is also a graduate of The Institute of Core Energetics and The Barbara Brennon School of Healing. Her journey has taken her into deep exploration and healing around sexuality. She has a private practice in NYC.